

DELEGATE EXPERIENCES IN CARDIFF



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EXPERIENCES IN CARDIFF

FOOD &
DRINK

Hensol Castle, a Grade 1 building dating from the 17th Century and located 15 minutes from Cardiff, has opened a distillery, restaurant, visitor experience and gin school in the castle basement. Delegates can enjoy a tour, talk on history of gin and a tasting. There is also the option of a hands-on gin making experience; distil and label your own unique bottle of gin. Hensol Castle has a range of spaces for up to 300 delegates for meetings and up to 240 for dining.

WELSH CUISINE & CULTURE TRAIL

An interactive day out with Welsh food and drink suitable for groups 20-60 delegates.

- Talk on Welsh food, food heritage and current trends followed by tastings
- Welsh Cuisine & Culture Quest – a food hunt
- Lunch of Welsh tapas

FARM SAFARI, COOKING SESSION AND VINEYARD TOUR

- Travel to the beautiful Heritage Coast outside Cardiff for a tractor tour at Slade Farm Organics followed by afternoon tea in the lovely farmhouse garden.
- A cooking session can be run alongside the tractor tour at Slade Farm organics. Group members can compete to make the best Welsh cakes or Glamorgan sausages!
- The area has a number of high quality vineyards which can be incorporated in an itinerary.

By increasing the number of activities more delegates can also be accommodated and split into groups.

WELSH BANQUETS AT CARDIFF CASTLE

FOOD & DRINK

MASTERCLASSES

- Several bars offer cocktail making classes. The Alchemist offers a 60/90 minute class for up to 12 delegates.
- Barista classes at 200 Degrees offers delegates a history of coffee, the journey from bean to cup, the workings of the coffee machine.
- Cocktail, ale and gin master classes are available for pre booked groups at the Botanist
- Gin Tasting at Chapel 1887 includes a talk on gin making and 'show and tell' with some of the botanicals commonly used and tastings. Or Cardiff Gin Club, a rustic pop up gin bar.

CITY OF ARCADES

Cardiff is famous for its wonderful Victorian arcades featuring independent businesses such as cafes, bars and shops. Taking this a step further the Morgan Arcade can be turned into a quirky dining room for 150 guests along with G&T bar using the Arcade's stunning architecture as a backdrop.

BREWERY TOURS

Small independent brewers are appearing in our cities and Cardiff is no exception. Book into one of Cardiff's micro breweries or take a Cardiff Craft Beer Tour. Examples of breweries include Crafty Devil, Pipes Crafty Beer Canton, Tiny Rebel's Tap House and St Canna's Ale House.

CLINK RESTAURANT

Choose an acclaimed restaurant venue with a difference at Cardiff Prison!

URBAN FORAGING IN ONE OF BRITAIN'S LARGEST INNER CITY GREEN SPACES

Explore Bute Park in the city centre and learn about the park's plant, flower and mushroom species during this foraging course.

COOKERY CLASSES

Sian Roberts from Loving Welsh Food and Cardiff Tasting Tour runs classes featuring Welsh recipes including the famous Welsh cakes. Alternative classes: Cornerhouse Cookery Whitchurch, One Mile Bakery run by a former rugby player now a baker. Fwrness, the award winning Welsh pizza company who have a stall in Cardiff Market, also have a pop up pizza van and offer pizza making demos.

NEW GREEN FOOD TOUR

Run by Loving Welsh Food, this coach/walking food tour visits a variety of venues in and around Cardiff that actively promote sustainability by providing eco-shopping possibilities and using local food as much as possible. The tours are available for groups of up to 15 people and are available in English, Welsh, French, Spanish, Italian and German.



EXPERIENCES IN CARDIFF

ADVENTURE & ACTIVITIES



CARDIFF INTERNATIONAL WHITE WATER

This world-class white water rafting venue with high ropes walk and other activities is perfect for corporate and team building activities.

NO FIT STATE CIRCUS

Cardiff is home to the acclaimed No Fit State Circus, who can provide a range of activities to enhance a function. Learn more about which Cardiff venues can accommodate circus entertainment including aerial performances.

FUN ACTIVITIES

A variety of fun activities can be packaged including large inflatables, catapults, fat suits and bungee jumps, group photos of the day and a prize for the winning team member. Other activities include Team sport Indoor Karting.

ESCAPE ROOMS

Adventure Rooms with up to 14 themes including Mad Scientist for up to 40 delegates. There are also Escape Rooms at Play at Pins alongside ten pin bowling.

ADVENTURE & ACTIVITIES

SUPERBOWL

Cardiff's Superbowl is located next to the Principality Stadium and offers ten pin bowling, laser quest for groups and a basement bar.

BAY BLAST & VISIT TO FLAT HOLM ISLAND

Boat trip with guide along coast for up to 55 delegates and stop off at Flat Holm Island, a few miles off Cardiff Bay.

PRINCESS KATHERINE

Boat transfers from Bute Park city centre to Bay as an alternative to coach duration; 30 minutes, capacity 90.

BEHIND THE SCENES TOURS

Places such as Wales Millennium Centre, National Museum Cardiff, New Theatre, Senedd the Welsh Parliament, BBC Wales, Cardiff City Stadium and Sophia Gardens Stadium all offer organised pre-bookable tours for groups.

PRINCIPALITY STADIUM TOUR

This iconic stadium and home of Welsh rugby offers bespoke tours with a rugby legend; minimum number 15.

CARDIFF ARMS PARK TOUR

Join Karl Kruger Williams for a behind-the-scenes tour of the world famous Cardiff Arms Park, taking in the history-packed Trophy Room, hospitality boxes, changing rooms. Tour duration 75 minutes and finishes in the Clubhouse with a pint of Brains beer.

GHOST TOURS

Walking tour in the city centre or at St Fagans Natural History Museum on the outskirts of Cardiff

CARDIFF TASTING TOUR

Walking Tour with Loving Welsh Food visiting producers and retailers including tasting and 2 course lunch. Includes the famous Cardiff Market, a thriving Victorian market with food stalls including Ashtons fish stall which sells laverbread and cockles and a great choice of cafes and street food outlets.

SOPHIA GARDENS CRICKET MUSEUM

Sophia Gardens Stadium is a cricket and corporate venue with its own cricket museum. A visit can include a tour of the museum.

TREETOP ADVENTURE GOLF

Mini golf in a jungle setting in Cardiff city centre. There are two 18-hole courses and catering can be organised for groups of up to 60 delegates.

PLAY CRAZY GOLF AND DINE AT PAR 59

The basement crazy golf venue with bar and restaurant level in Cardiff city centre has newly opened with backing of Depot Cardiff and footballer Gareth Bale's 11s company. Space extends to 18,000 sq ft site and the venue has a private area which can be exclusively hired.



EXPERIENCES IN CARDIFF

EDUTAINMENT



HERITAGE TOURS

A number of Cardiff's fascinating heritage buildings and sites offer guided tours including Cardiff Castle (general tour, Clock Tower Tours).

STORY OF COAL

Cardiff was once the world exporter of coal. Learn about the international story of Welsh coal and the people who mined it at the Welsh Mining Experience. Tour led by ex miner 90 minutes duration. Combine with a walking tour of Cardiff visiting the Pierhead Building, the former Coal Exchange and the Museum of Cardiff.

CULTURE AND NATURE

There are a number of venues which offer a cultural experience for groups but also back to nature experiences including St Fagans National Museum of History and Dyffryn Gardens (NT).

TOURS OF ROYAL MINT

Discover the 1100 year old history of coin making at Royal Mint Experience, located 30 minutes from Cardiff.

CREATING DELEGATE WELLBEING



Delegates can take time out of their conference in Cardiff city centre and experience 'forest bathing' or shinrin-yoku as part of their conference programme. Located right in the city centre and next to Cardiff Castle, Bute Park is just a few minutes stroll from Cardiff's city conference venues and hotels.

A range of themed walks can be pre-booked with duration 45 minutes.

- Revive, Refresh, Reconnect is just one example of a themed walk in Bute Park which can be packaged for conference clients

- Trees and Arboretum Walk exploring the park's 41 'champion trees'.
- The fascinating heritage of Bute Park located adjacent to Cardiff Castle.
- Bute Park Honey Bees - Meet the beekeepers and discover the Bute Park honey bee story.

Cardiff Bay Tours can organise bespoke Bay trails from Bay venues to refresh, invigorate and interest delegates. Wellness and wellbeing classes are held at various venues in Cardiff from Hotel spas to National Museum Cardiff to open air in parks.

EXPERIENCES IN CARDIFF

ENTERTAINMENT
PACKAGES

Following a day's intense conference programme, Cardiff offers a range of ideas for evening entertainment.

DEPOT CARDIFF

Depot is a large flexible venue space and the home of Bingo Lingo- an outrageous take on the traditional game of bingo. It accommodates conferences looking for an unusual venue, street food dining, and bespoke delegate entertainment experiences such as Club Tropicana and a cinema.

FFRESH SUPPER CLUB

ffresh, is an intimate venue in the Wales Millennium Centre which offers a cabaret style evening. The range of entertainment includes burlesque, a new murder mystery dining experience, music etc. Delegates may join an organised event or conference organisers can create a bespoke event for up to 120 people.

BOOK YOUR OWN CLUB VENUE

Bootleggers in Womanby Street, well known for its local music scene can be hired for a corporate party. Alternative club venues include Clwb Ifor Bach.

ROOFTOP PARTY VENUES

Juno Lounge, Wellfield Road for 50 guests. Jacob's Market. The Botanist. Lab 22 rooftop terrace.

ENTERTAINMENT VENUES

There are a number of venues offering entertainment and corporate hospitality packages including Motorpoint Arena, St David's Hall, Wales Millennium Centre, Royal Welsh College of Music and Drama, New Theatre and Depot. The Meet Cardiff team can help you select an entertainment venue for corporate hospitality.

Please also see ideas for adventure and activities section

SPORTING EXPERIENCES

Cardiff punches above its weight with 6 stadia and a range of top class sport including rugby, cricket, football and ice hockey.

Tickets and corporate hospitality packages can be organised for delegates at each stadium venue.



• Principality Stadium home of Welsh rugby



• Cardiff City Stadium home of Cardiff City Bluebirds



• Sophia Gardens Stadium home of Glamorgan Cricket



• Viola Arena home of Cardiff Devils ice hockey team



• Motorpoint Arena Cardiff



• BT Sport Cardiff Arms Park home of Cardiff Blues rugby

EXPERIENCES IN CARDIFF

CULTURE



Cardiff Music City is home to the Welsh National Opera, BBC Singer of the World, festivals such as Festival of Voice and Welsh music festival Sŵn. Cardiff is a vibrant cultural destination with a regular range of entertainment that can be included in creative social programmes.

- Cardiff Castle provides a unique and stunning backdrop to an event. Festivals, cinema and live music events are regularly held in this special place. Explore creating a bespoke event either using the colourful and quirky interiors or the grounds overlooked by the Norman Keep.

- Wales Millennium Centre - with a waterfront location in Cardiff Bay, the Centre programmes world class opera, musicals, comedy and theatrical events. It can also be used by event organisers as an impressive space for meetings and conferences as well as corporate hospitality and incentives. Delegates can experience what it is like to be on the stage! Learn about opportunities to set up a private dinner or up to 550 on the Donald Gordon stage. If organisers are looking for a more intimate venue a fresh supper club can accommodate up to 120 and a range of entertainment from burlesque to comedy can be organised. Behind the scenes tours can also be pre-booked.

CULTURE

- St David's Hall - The National Concert Hall is just one of many concert venues and auditoria in the city. Home of BBC Cardiff Singer of the World, it has an eclectic programme of entertainment.
- The contemporary Royal Welsh College of Music and Drama with its links to the acting and singing professions has a range of smaller auditoria, meeting rooms and light attractive spaces. Conference organisers can make their programme a little special by hiring a College performer or organising a bespoke opera, jazz or musical Theatre performance at the College.
- The National Museum of History at St Fagans on the outskirts of Cardiff is home to over 80 fascinating buildings from Wales that have been reconstructed in the grounds. There are a choice of experiences that can be organised to learn more about Cardiff and Wales' heritage alongside a range of meeting and dining spaces.
- Unusual cinema venues - Luxury cinema going at Everyman in Cardiff Bay, find out about exclusive hire. Open air cinema on specific dates at Cardiff Castle. Bespoke open air cinema and supper on the rooftop of Jacob's Market, a rustic antiques market.
- Some cultural venues such as National Museum Cardiff offer a variety of experiences such as a reception in a Gallery with the largest number of Impressionist paintings outside Paris or an alternative experience such as 'late nights' a mix of music and entertainment.
- A new programme in its final development is Cardiff Cabaret - a very different delegate experience based on the history of Cardiff.



TEAM BUILDING IDEAS

CARDIFF INTERNATIONAL WHITE WATER

This international standard white water rafting course located in Cardiff Bay offers a range of water-based and rope activities for social programmes and team building activities. Teams can also meet on site.

CARDIFF BLUES RUGBY EXPERIENCE

Experience a top grade coaching session, tours of the world-famous BT Sport Cardiff Arms Park and an interactive strength and conditioning lecture. Lunch and refreshments are included in the package.

WELSH CUISINE & CULTURE QUEST

The group is divided into teams of 4 for the Welsh Cuisine and Culture Quest and are given a set of activities to complete. Teams will have to decide how best to allocate roles and responsibilities and how to complete the task on time. The Quest can be within Cardiff Market or it can take in producers and retailers across the city. Lunch at a gastro pub showcasing Welsh produce.

CLIMBING AT BOULDERS

Boulders indoor climbing centre already offers one centre in the city where delegates can enjoy climbing in teams. A second centre is due to open.

WHIZZARD HELICOPTERS

With a new base in Cardiff Heliport, the company offers small team building challenges with trial lessons & hover challenges

MUSIC CLASSES

With a wealth of venues and organisations involved in music of all genres participative classes, led by professionals, can be set up for singing or playing an instrument.

CREATIVE WORKSHOPS

Various organisations can offer bespoke creative classes for teams. Examples: Wales Millennium Centre participative classes include 'Want to be a radio DJ?' Street art graffiti workshop by Boiler House in Canton, home to artist Bryce Davies.

SAILING

Sailing trip from Cardiff Bay for top team up to 12 delegates on Challenge Wales and up to 10 delegates on Adventure Wales. Cardiff Bay Water Activity Centre also offers a range of water-based activities for groups including rowing, sailing, canoeing and windsurfing.

TECHNIQUEST

This leading science centre in Cardiff Bay has been redeveloped with new spaces and exhibits. It offers a number of team building activities from 20 minute to 90 minute activities or workshops, also a digital trail using ipads.



Get in touch with the Meet Cardiff team
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